



Liphook United

Senior Section COVID 19 Match Protocols

After many months and in line with Government guidance competitive training can now commence and matches can commence with effect from 1 August. To comply with the FA regulations for the re-introduction of competitive football the club must implement certain restrictive protocols pre, during and post matches played at Liphook Recreation Ground.

These protocols apply to ALL Liphook United Senior teams including the Under 18 team.

It is vitally important that ALL players, coaches and managers abide by these protocols for the safety of ALL.

Pre Match.

Players should comply with the Government COVID 19 advice on travelling and therefore should wherever possible travel alone to the ground.

Players should arrive for matches already changed into their shorts and socks which will for the foreseeable future be allocated to each player and therefore it is their responsibility to wash and look after them.

On arrival players should wherever possible avoid congregating in the clubhouse in large groups.

On entering the clubhouse players are required to use hand sanitizer that will be provided at the entrance to the clubhouse.

Face masks/coverings should be worn in the clubhouse and in the changing room.

In the short term, weather permitting team talks and match preparation will take place outside and not in the changing room.

If players are required to meet in the changing room, they should refrain from shouting and wear facemasks wherever possible.

Goals dugouts and banners will still need to be put out and players will be required to do this as normal, once complete players must use hand sanitizer as a precaution.

Each player will be required to have their own drinks bottle for matches and not share with others. The normal water bottles will not be available for player use.

Pre match warm up will be completed as normal but during resting period and stretching players must make every effort to retain social distancing.

The FA have provided guidance that the pre match handshake should not take place with the opposition. You can fist bump or elbow bump.

All match footballs must be disinfected prior to the match.

All players will be provided with their match jerseys and are requested to wash them after the match, and return them at the next training session.

In Match protocols

The FA have advised that players must avoid close contact goal celebrations.

In breaks of play players should maintain social distancing.

Substitutes must socially distance during the match, this will inevitably mean less sitting in the dugout or being in the technical area.

A bucket of disinfectant and water will need to be kept in the technical area to periodically clean the match balls.

Where possible the half time talk should be held outside.

Post-Match

At the conclusion of the matches you should refrain from shaking hands but can fist bump.

The goals dugouts and banners will need to be put away as normal.

Players should avoid showering at the club, however if it is necessary to shower, only 2 players can be in the shower area at any one time.

After match refreshments will continue to be provided but when possible should be taken outside.

General

The clubhouse will be open for refreshments but the club has to provide a safe method of serving people and recording their attendance.

Only players and officials will be allowed in the changing areas on match days.

The door separating the home and away changing rooms must remaining locked.

Most importantly if you or anyone you live or work with or who you know you have been in contact with has had any symptoms of COVID 19 you **MUST** inform your manager and **NOT** attend the match under any circumstances.

It may be a requirement that all players attending some grounds are required to have their temperature taken on arrival. At the moment Liphook United is not requiring this measure.